



KINGSWOOD PUBLIC SCHOOL

Quality Teaching in a Caring Environment

Week 2 Term 3 28 July 2010

Dear Parents and Caregivers

Welcome back to Term 3. This term is another busy one with Education Week, Book Week and the students being involved in Peer Support and various other activities and events during the term. We look forward to a very productive term filled with lots of learning opportunities for our students.

Education Week

Next week we are celebrating Education Week and our wonderful public education system. On Wednesday 4 August we will be holding our Open Day and all parents are welcome to come along. Greg Prior the Regional Director will also be visiting the school on that day. The Book Fair will be held in the library and parents are most welcome.

On Friday 6 August the P&C will be holding a Recognition Day Assembly to recognise all the fantastic work the staff does for the students of Kingwood Public School. They will also be putting on a BBQ lunch for staff and students. A note was sent home about payment for the BBQ.

Canteen Reopening

Our newly refurbished canteen will reopen on Thursday 29 July. Thank you for your patience and understanding whilst the canteen was closed. Please see the new Canteen Price List distributed with the newsletter.

Parent and Teacher Interviews

Over the next couple of weeks the teachers will be holding parent teacher interviews. A note will be sent home with the date and times by your child's class teacher. Please take this opportunity to meet with your child's teacher and discuss your child's learning.

P&C Meeting

The next P&C Meeting will be held on **Monday 2 August at 7pm** in the staffroom. All parents are welcome to attend.

Starting School Group

The Starting School Group will begin next week on Tuesday 3 August in the hall from 9:00 to 11:00am. This group will operate each Tuesday in Terms 3 and 4. An ad with more information and contact details appears in the newsletter. This is a wonderful opportunity for preschoolers who are going to start in Kindergarten (Early Stage 1) next year to meet each other and familiarise themselves with the school. It is also a wonderful opportunity for parents to get to know each other and best of all it is free!

2009 Annual School Report (ASR)

The 2009 Annual School Report (ASR) is now on the school website. A limited number of hard copies are available at the office. The school website address is <http://www.kingswood-p.schools.nsw.edu.au>

Parentingideas Website

The school has joined the Parentingideas website by Michael Grose. Michael Grose is a parenting expert, currently the Body & Soul parenting columnist and has written seven parenting books.

Insights a parenting newsletter sheet with practical ideas on various topics for parents will be included in each newsletter. This week is titled *Making the Most of Your Parent – Teacher Interview*. The website address is www.parentingideas.com.au

Norma Petrocco
Principal

Education Week Open Day

Parents and friends are invited to join us on Wednesday 4 August 2010 for our Open Day activities during Education Week.

The schedule for the day is as follows:

8:30am – 3:30pm Scholastic Book Fair. A selection of fiction/non fiction books and stationary will be available for purchase in the library.

10:00am – 11:00am Classroom Visits. Parents are invited to visit their children's Classroom during this time.

11:00am – 11:20am Recess. Parents are welcome to have recess with their children.

11:30am - 1:00pm Environmental Activities. Children will participate in a number of environmental playground activities in Peer Support Groups.

Parents are welcome to join their children for these activities. Should the weather prevent these outside activities taking place, a shorter modified schedule will operate in their peer support classrooms. We look forward to you joining us for a fun day.

Mrs J Prunty

Premier's Reading Challenge

Congratulations to the following students who have completed the Premier's Reading Challenge for 2010:

Alicia ES1E, Zoya S1/S2A, Tara S1P, Sherwin S3D, Julia S2B, Tayla S2K, Selina S1/S2A, Amber S3D, Aidan S1D, Omeir S3J, Natasha S2B, Hitesh S2B, Kevin S1P, Jinuki S1D, Anuk ES1J

A total of 66 students have now completed the PRC. Well done to you all!

Reading records must be completed by Wednesday 18 August.

Please see Mrs Young if you need any assistance.

Book Fair 2010

Wednesday 4 August

8:30am – 3:30pm School Library

Our Book Fair is an exciting way to involve children in the wonderful world of books and to continue to promote their interest in reading.

A large assortment of fiction and non-fiction books, posters and stationary items will be offered at the Book Fair. All children will have the opportunity to preview the items available and record their favourite titles and cost to discuss with parents at home before the Book Fair opens.

There are two ways the children can purchase items for the Book Fair.

1. Parents can accompany them at some time during the day and help them with their selection.

OR

2. Send in the money with your child on Wednesday 4 August for the book/s they want to buy. Children wishing to purchase will visit the Library, with their class, at an arranged time.

The children will be able to take their purchased books home on the day. If, due to great demand, a particular title has sold out we can order it for you. It will be necessary to pay for the book/s at the Book Fair and then you will receive the book a week or two later.

Parents may also like to donate a book to the Library. A selection of titles will be arranged on a Donations table. Please fill in the donated book slip and bring it with the book to the cashier's desk. A Presentation Certificate will be placed inside the donated book and your child/ren will be the first to borrow it.

Payment for all items may be made by cash, cheque or credit card. Please make cheques payable to Kingswood Public School.

Our school will benefit from sales, allowing us to provide more resources for your children. Please come along and support our school. Why not bring a friend or relative along as well. I look forward to seeing you at our Book Fair 2010.

Mrs Young
Teacher Librarian

Sport For Children

Children are being encouraged to consider taking up a club sport as part of a national campaign themed *Play for life join a sporting club*. Nationwide, around 150 gala days or try a sport events will be held between July and September to introduce children and parents to the range of club sports available in their area.

The campaign reflects the importance of physical activity for the healthy growth and development for our children. Research shows that it helps children cope with stress, reduces anxiety and depression, strengthens self-esteem and boosts mental alertness.

Playing a club sport adds another dimension – it helps children develop valuable life skills such as co-operation, discipline, respect and tolerance. Renowned child and adolescent psychologist Dr Michael Carr-Gregg says that after 20 years of working in this field, he is absolutely convinced of the benefits of club sport for children.

“Apart from the obvious physical benefits, participation in sports clubs enables young people to take healthy risks, spend structured time with age-appropriate peers and win, lose or draw, they discover more about themselves,” he said.

Johanna Griggs has supported the initiative by becoming the campaign’s ambassador. “I’m proud to be an ambassador for “Play for life join a sporting club.” It reflects my own journey with sport – a journey that has helped me get to where I am today. But more importantly, it reflects the positive role that sport plays in my boys’ lives... for life.”

For more information, or to find sporting clubs near you, visit www.ausport.gov.au/findaclub.

P&C

We would like to welcome everyone back for Term 3. Last week a number of the committee attended the annual P&C Conference. It was very interesting and informative. Some of the topics covered were the National Curriculum and cyber bullying. If you would like any further information please see any of the P&C committee members.

Our P&C committee nominated Norma Petrocco for a Principal Award. Unfortunately Norma did not win but we are very proud of her. We presented her with flowers on the night from the students, parents, caregivers, staff and P&C.

Upcoming events:

Staff Recognition Day - Friday 6 August. BBQ for students \$2.50 for a sausage sizzle or \$3.00 for a veggie patty.

P&C Meeting Monday – Monday 2 August, 7pm in the staffroom. Everyone is most welcome.

Father’s Day Stall – Gifts are required to help make our Father’s Day stall a great success.

Lisa Rogerson
P&C President

FREE COMPUTER LESSONS

Dear Parents,

Panthers on the Prowl is about to undertake another new initiative within the Penrith Valley. We have many, many programs aimed at assisting children in the area so we thought it is about time we do something to help the adults in our community.

Therefore, we are developing a new program based on Computer Skills. The program is nicknamed 'Computers for Beginners'

This program is for ADULTS, it's for you AND NO COST INVOLVED!!!!

The program will be run on both Tuesday and Thursday nights. You will need to commit to one night per week (either Tuesday or Thursday - depending on your ability level) for approximately ninety minutes. The program will run for the duration of the term and will start at 5.30pm on Tuesday and 6pm on Thursday. The sessions will be held at CUA Stadium in the Panthers on the Prowl Classroom (Eastern Grandstand - Station St) which has a fully functional computer system. If you have trouble commuting to CUA Stadium, we can arrange transport to and from Penrith Station and/or local area upon request.

We need to confirm your interest in this program as soon as possible. If you are interested in one of only 2 places (per session) you can email david.reid@panthers.com.au or phone 4725 6476, leave a message and I will call you back.

When you call we will need to know the following information, please have your answers ready.

Name: _____

Address: _____

Contact Phone: _____

Regular Email: _____

Transport needed: YES / NO

Most importantly, what you would like to learn about: _____

Kind Regards,

David Reid
Panthers on the Prowl



Kingswood Public School Starting School Group

Starts August 3rd 2010
Every Tuesday Morning
School Terms 3 and 4
9.00am—11.00am

Stories
& Games

Do you have a child starting school
next year?

Come along to a **free** playgroup that provides children
and their families with a gradual introduction to
school life.

Art &
music

Bring some fruit and a drink for
morning tea.

Parents stay with their child for the
playgroup, and younger brothers and
sisters are welcome too.

Come along! We look forward to
meeting you and your child.

Visits to a
classroom

Children not attending Preschool or Child Care have priority of access

The playgroup is funded by *Families NSW* and run by an early childhood
educator, in collaboration with the Department of Education and Training
Call Lisa Jackson on 0423 720 492 for more information



CLICK, FLICK & COLLECT

www.msreadathon.org.au

Students are being invited to join in the **MS Readathon Great Wildlife Adventure**
by registering to take part in this annual reading event as schools across Australia
unite to help change the lives of people living with multiple sclerosis (MS).

Students, siblings, parents and grandparents can get involved. Here's how...

Click online to register and receive a very cool MS Readathon wristband
and copy of either K-Zone or Total Girl magazine to kick start your reading!

Flick through books for any 30 days in June, July and August
(you can count books from other reading programs too).

Collect sponsorship donations from family and friends and collect some cool rewards.

Visit www.msreadathon.org.au or call **1300 677 323** for more details.

Bonus! Once 20 students from our school have registered online for the MS Readathon,
the school will receive a book pack for the library!!

FREE TICKETS

Rabbitohs v West Tigers **Saturday 7th August, 2010. ANZ Stadium**

The principal sponsor of the Premier's Sporting Challenge Rugby League's One Community, along
with the Rabbitohs and ANZ Stadium, is giving each student at your school the chance to receive 4
free tickets to see the Rabbitohs take on the West Tigers at ANZ Stadium.

Can history repeat itself?

*No South Sydney Rabbitohs fan will ever forget the 50 points to 10 demolition of the Wests Tigers at
the SCG in round 10 of the 2010 season. The Rabbitohs will be looking for an encore performance at
'Australia's Home Ground', ANZ Stadium, on Saturday 7 August in front of a parochial Rabbitohs
crowd.*

*The Tigers will still be smarting from that defeat three months ago and it won't be an easy feat to get
over the top of one of the form teams of the competition.*

Be sure to get you and your friends to the game for a great night of footy action!

To take up this offer students and their parents should:

1. Simply go the website: www.rugbyleague.com.au/onecommunity
2. Click on the link **Premier's Sporting Challenge Ticket Giveaway**
3. Register their details.
4. Print out the voucher and bring it with you on the day to gain entry through the gates.

Please note: Students must have parental permission to participate in this offer. Each teacher and
student is entitled to up to 4 free tickets. Match ticket voucher must be downloaded for entry prior to
12:00pm Friday 6 August 2010.

For any enquiries, please phone 02 9266 8773.

Gates Open: 5.10pm

NRL Kick Off: 7.35pm



Match Hosts





FX: 9623-5528

- www.stmarysindoorsports.com.au**
info@stmarysindoorsports.com.au

**REGO
ONLY
\$40
Per Player**

Register your team and receive your first game free.

PH: 4736 4028

These items will be available for Term 3 2010
This is the "winter" menu.

HOT FOOD (AMBER)		HEALTHY CHOICE MENU (GREEN)	
Chicken & Mayonnaise Roll	\$3.70	Salad Box - Skinless Chicken	\$4.50
Nachos with Bolognese Sauce	\$3.70	Small Cheese Salad Box	\$3.20
Beef Lasagne(Fat 4.7%, Sugar 2.0g)	\$3.70	Fresh Whole Fruit	various prices
Twista Bolognese(Fat3.2 % Sugar1.0g)	\$3.70	Crunchy Chicken Salad Wrap with milk or juice	\$5.50
Chicken Burger(with lettuce & mayo)	\$3.80	Frozen Yoghurt	\$2.20
Chicken Nuggets (5)	\$3.20	100% Orange Frozen Cup	\$1.00
Extra Chicken Nuggets(each)	\$0.70	Bottled Water	\$2.00
Chicken Lasagne	\$3.70	JJ's Crackers & Smiths Crisps	\$1.20
Beef Pie	\$3.00		
Hot Dog with sauce	\$2.70		
Pizza Rounda	\$2.70		
Pizza for One-Ham & Pineapple	\$2.70	DRINKS & FROZEN LINES (AMBER)	
Sausage Roll	\$2.20	Yummo School Milk 2 Flavours	\$1.70
Tomato Sauce	\$0.30	Poptop	\$1.50
		Play Flavour Water	\$2.70
SANDWICHES (GREEN)		Amuse Flavour Water	\$2.30
Salad (lettuce, tomato, cucumber,	\$3.50	Bottled Water	\$2.00
Ham(97% fat free)	\$3.50	Frozen Yoghurt	\$2.20
Roast Chicken	\$3.50	Orchy Frozen Cup	\$1.00
Tomato	\$2.20		
Cheese	\$2.60	BREAKFAST MENU	
Vegenite	\$1.60	Mini Muffin with Flavoured Milk	\$3.40
Extra sandwich fillings	\$0.50	Mini Muffin	\$1.70
		Yummo School Milk	\$1.70
TOASTED SANDWICHES (GREEN)			
Cheese	\$2.80	Ice Creams & Ice Blocks	
Ham & Cheese	\$4.00	Prices start at \$1.00	
Tomato & Cheese	\$3.20		
		Spoons/Forks	\$0.20
CAKES			
Mini Chocolate Muffin	\$1.70		

ALL LUNCHES MUST BE ORDERED BY 10.30AM

BREAKFAST AVAILABLE UNTIL 8.55AM

EXCURSION PACKS AVAILABLE (Please order the day before)

ALL MENU PRODUCTS ARE IN LINE WITH FOOD SPECTRUM CATEGORIES OF GREEN & AMBER, HEALTHY CANTEEN STRATEGIES SET OUT BY DEPARTMENT OF HEALTH & NSW DEPARTMENT OF EDUCATION

NO CREDIT
NO PHONE ORDERS
FOOD BOUGHT TO SCHOOL FROM HOME WILL NOT BE REHEATED